



OST

Eastern Switzerland
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Distributed Systems (DSy)

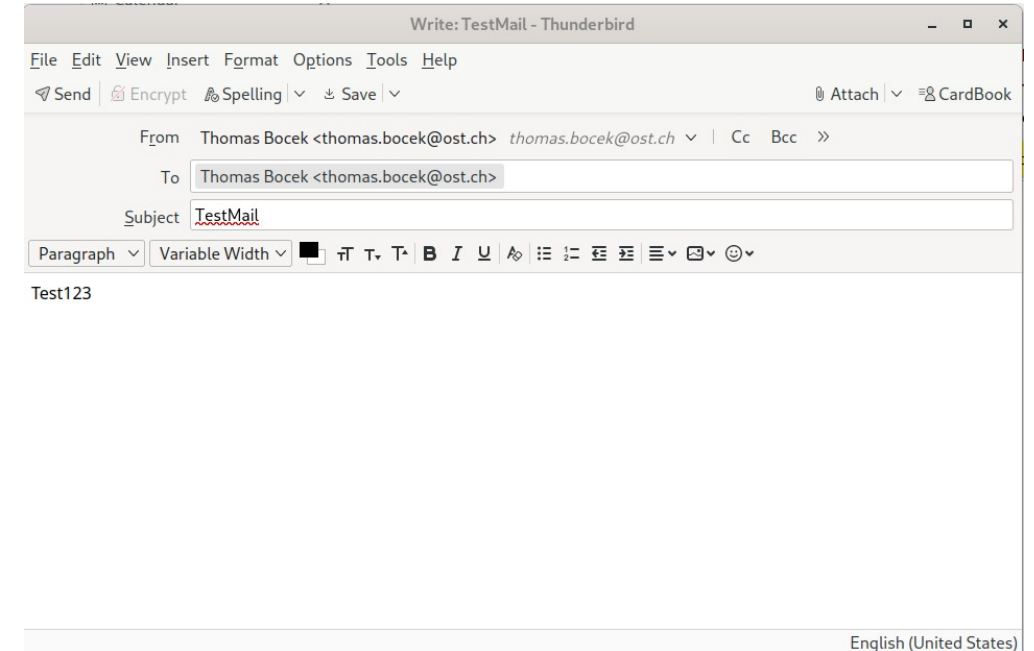
Mail

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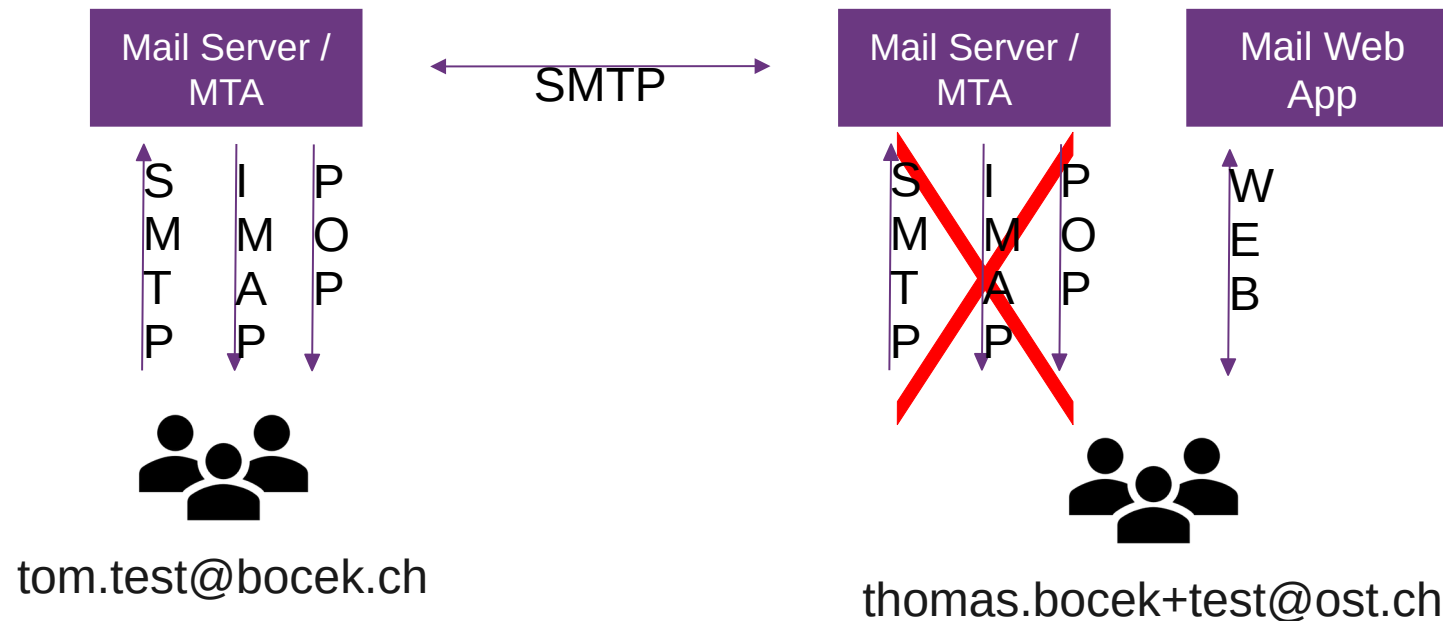
Introduction

- Understanding How Mail Works
 - Basics of Email, SPF, DMARC, DKIM, and their importance in email security.
- Email: backbone of personal, academic, and professional correspondence worldwide
 - Slack, Discord, Teams, Telegram, WhatsApp, Treema, Matrix, ...
- Send email / receive email – how hard can it be?
 - **SMTP** specified in 1982
 - **POP** specified in 1984
 - **IMAP** specified in 1988
 - Protocols were **improved over time**



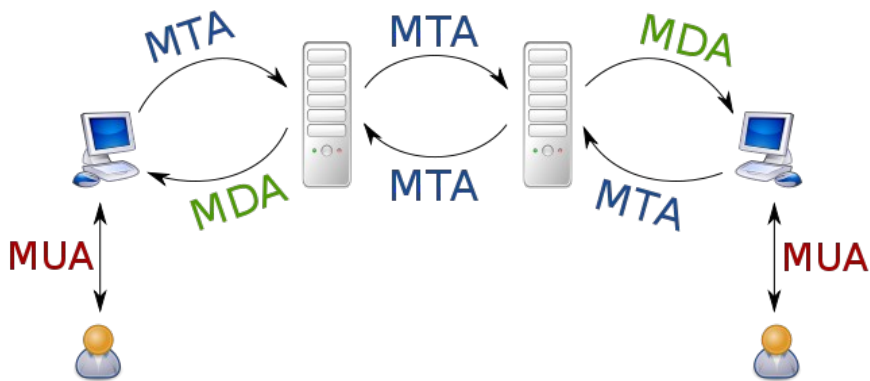
POP / SMTP / IMAP

- Traditional mail not that popular anymore
 - 2019 - Thunderbird now ~0.2%, K9 on mobile
- SMTP → Simple Mail Transfer Protocol
 - Standard protocol for sending/receiving emails
- Access to email mostly via Web – easier
 - Mailserver to mailserver still SMTP
 - JMAP to the rescue?
 - Combind IMAP / CardDav / CalDav
 - Integrated calendar / contact functionality



SMTP

- IMAP / POP is **dead**? (I'm still using it :)
 - Needed for interoperability: **example**
- Port Numbers
 - Port 25 for non-encrypted communication,
 - Port 587 for encrypted submission from email
 - Port 465 (deprecated but still in use) for SMTPS (SMTP over SSL)
- Sending emails: email client (MUA - Mail User Agent) uses SMTP to send to mail server (MTA - Mail Transfer Agent). The Mail Delivery Agent (MDA) receives emails from MTA and delivers them to the recipient's mailbox
- Routing: The MTA/MDA server processes the recipient's email address.
 - Domain == local → MDA
 - External → routes the email to another SMTP server closer to the recipient's MTA
- MDA: Once email reaches SMTP server that recognizes the recipient's domain, it forwards the email to the POP3 or IMAP server for retrieval by the recipient's email client
- DNS: MX records



Secure SMTP

- STARTTLS (25/587) vs. SMTPS (465)
 - STARTTLS can upgrade a plain text connection to an encrypted connection on same port.
 - Starts as a regular SMTP session, if both support TLS, the connection is upgraded to a secure connection using STARTTLS
 - If one party does not support TLS, the communication is unencrypted
 - Port: Typically uses port 587 for client submission and port 25 for server-to-server relay.
 - Advantages:
 - Backward Compatibility
 - Standard Compliance: Recommended approach by many standards
 - Considerations:
 - Can fall back to non-encrypted communication, it's potentially vulnerable to downgrade attacks
- SMTPS
 - SMTPS encapsulates the entire SMTP session in SSL/TLS from the beginning of the connection without the need for an upgrade command.
 - Port: Uses port 465. It's worth noting that port 465 was initially registered for SMTPS, deprecated in favor of STARTTLS on ports 587/25, and later revived due to its widespread unofficial use.
 - Advantages:
 - Simplicity: Since the connection is encrypted from the start
 - Guaranteed Encryption: Provides a guarantee that the session is encrypted
 - Considerations:
 - Port Confusion and Legacy: Its status as a "revived" port for secure SMTP can cause confusion

Best Practices / Spam Prevention

- Security Best Practices: STARTTLS on port 587 is generally recommended
 - You can use Lets Encrypt for both
- Spam Prevention: Greylisting
 - Greylisting is an anti-spam technique that temporarily rejects emails from unknown senders
 - Email Received: When email arrives, receiving server checks if the sender's IP address, the envelope sender address, and the recipient address are on its "greylist."
 - Initial Rejection: If sender is unrecognized, the server temporarily rejects the email with "try again later"
 - Retrying: Legitimate email servers will retry sending the email after a delay, as per SMTP standards
 - Retry: Server recognizes sender as good, removes from greylist, and accepts email
 - Subsequent Emails: Further emails without delay
 - Advantages
 - Reduces Spam: Effectively filters out spam
 - Low Resource Usage: No scanning content
 - Simple to Implement: Can be easily added to existing email systems without extensive configuration
 - Considerations
 - Delayed Emails: Legitimate emails may be temporarily delayed
 - Spam Evolution: Spammers may adapt by programming their servers to retry

Spam Prevention

- SURBL Filters (Spam URI Real-time Blocklists) - Combatting Spam with URL Blacklists
 - How they work: Checking URLs in emails against real-time blacklists to identify spam or malicious content
- DNS Blocklists (DNSBL): Lists of IP addresses known to send spam
 - E.g., **UCEPROTECT**
 - Email servers query DNSBLs in real-time to decide whether incoming emails from those IPs should be accepted

- Bayesian Analysis

- Uses machine learning to classify emails based on content
- E.g., Thunderbird

Junk Settings

Selection

Enable adaptive junk mail controls for this account

If enabled, you must first train Thunderbird to identify junk mail by using the Junk toolbar button to mark messages as junk or not. You need to identify both junk and non junk messages. After that Thunderbird will be able to mark junk automatically.

- Training Data:
 - Collect a large dataset of junk/notjunk emails
- Word Probability Calculation:
 - Calculate probability of word marked as junk/notjunk
 - E.g., words like "discount" and "offer" might have higher probabilities, while words like "meeting" and "invoice" not

Spam Prevention

- **SPF** (Sender Policy Framework) - Verifying Email Senders to Prevent Spoofing
 - Allows domain owners to specify which servers are permitted to send email on behalf of their domain
 - Email servers **check** the SPF record in DNS to verify the sender's IP
 - Helps in preventing email spoofing and phishing by verifying sender authenticity.
- **DKIM** (DomainKeys Identified Mail) - Ensuring Email Integrity and Authenticity
 - Associating domain name with email message
 - Digital signatures linked to a domain's DNS records. Recipients can verify the signature to confirm that the email hasn't been tampered with and truly comes from the stated domain
- **DMARC** (Domain-based Message Authentication, Reporting and Conformance) - The Ultimate Email Authentication Policy
 - Builds on SPF and DKIM, adding a reporting function for email receivers to send feedback to senders
 - Allows domain owners to specify how their emails should be handled if they fail SPF or DKIM checks (e.g., reject, quarantine, or allow)
- **BIMI** (Brand Indicators for Message Identification)
 - Publish standardized logo (usually in SVG format) in DNS
 - Uses TXT format, ~requires **VMC**